



KŪKA'ILIMOKU

154th WING HAWAII AIR NATIONAL GUARD | JOINT BASE PEARL HARBOR-HICKAM

SENTRY ALOHA
**AWACS
COME TO
PLAY**



2017 KAISER PERMANENTE GREAT ALOHA RUN

Race Day Medical Stations – Volunteer General Information



Kaiser Permanente is proud to be the title sponsor of the 2017 Kaiser Permanente Great Aloha Run (GAR). This 8.15 mile run/walk from Aloha Tower to Aloha Stadium attracts over 20,000 participants and has raised over \$11 million for local charities over the past 32 years.

As title sponsor, we encourage all Kaiser Permanente employees, their families and friends, and our community partners to help support GAR on race day. See below for details on volunteering and mark your calendars for this great event!

DATE

- **MONDAY, FEBRUARY 20 – PRESIDENTS' DAY**

VOLUNTEER OPPORTUNITIES

Kaiser Permanente will provide and manage medical care during the entire race. On GAR race day, we will need hundreds of medical and non-medical volunteers (12 years and older) for the following:

- Medical staff to provide treatment at racecourse and finish line medical stations
- Spotters to spot people in need of medical attention.
- Assistants to run errands.

SHIFT LOCATIONS AND HOURS

- **FOUR RACECOURSE MEDICAL STATIONS ALONG NIMITZ & KAMEHAMEHA HWYS.**
 - Begin: 5 a.m.
 - End: Based on station location
- **FINISH LINE MEDICAL STATION AT ALOHA STADIUM**
 - Begin: 5 a.m.
 - End: Race end (approximately noon)

REGISTER TO VOLUNTEER

- **TO REGISTER, VISIT KPGARCOMMUNITY17.ORG**
 - The Hawaii Air National Guard point of contact is Rodney Carroll. For more information contact him at Rodney.GAR@hotmail.com or 421-8828.
 - **Deadline to register: Tuesday, January 31, 2017**

Inside KUKA'ILIMOKU

JANURY
2016

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Kuka'ilimoku SUBMISSIONS

Articles:

- Articles range from 200 to 2,000 words. All articles should be accompanied by multiple high-resolution images.
- Include first names, last names and military ranks. Always verify spelling.
- Spell out acronyms, abbreviations and full unit designations on first reference.

Photographs:

- Highest resolution possible: MB files, not KB.
- No retouched photos, no special effects.
- Include the photographer's name and rank, and a caption: what is happening in the photo, who is pictured and the date and location.

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An Interview

GREGORY WOODROW

BRIGADIER GENERAL

We recently sat down with Brig. Gen Woodrow to discuss his aspirations for the Hawaii Air National Guard in 2017.

HOW DO YOU FEEL AFTER YOUR FIRST SIX MONTHS ON THE JOB AS THE 154TH WING COMMANDER?

I am incredibly blessed to be associated with such a first class group of professionals. Admittedly, it's quite intimidating to be a Wing Commander responsible for such a vast array of people and missions. But, what I've learned, is that if you can create an environment of achievement, reward, fun... and get out of the way, our Wing members will consistently surprise you with innovation and new levels of accomplishment.

DO YOU HAVE ANY PLANS FOR THE WING AS IT PERTAINS TO 2017?

If anything, our transformation to becoming an "Operational Reserve" will only continue, as the pace and quantity of our deployments demonstrate. What I hope to do is offer more to all our Airmen when it comes to professional development, opportunity, and growth. We have a force development board at the Wing level, where we meet monthly with the objective of identifying and developing future leaders for our Wing. I would like to institutionalize that concept with all our CCs



and Sr Enlisted, so that all members are aware, and can take advantage of the myriad of opportunities to develop themselves as professional warriors and leaders.

WHAT DO YOU THINK WE CAN IMPROVE ON?

I think, as a whole, we are exceptional at mission accomplishment. One of the core strengths of the ANG is experience, and the 154th Wing is living proof of that. Additionally, because we are an

Interview by
Tech. Sgt. ALISON BRUCE-MALDONADO
154 Wing Public Affairs
Staff Writer



ohana, we know how to take care of each other on a personal basis. What I wish we'd improve on is taking care of each other professionally. Awards, decorations, professional feedback, Performance Reports, all of these take time and effort, and culturally our organization is not as good as it should be. We need to up our game organizationally; we should have higher expectations in these areas.

IS THERE ANYTHING IN PARTICULAR THAT STANDS OUT FROM 2016?

Wow, so many things: first Raptor deployment, many continuous deployments, numerous leadership changes. Sadly, the one thing that sticks out is the senseless tragedy of losing two of our Airmen in Guam on separate deployments. While both incidents were completely preventable with better risk management, it does remind us all how precious, and precarious life is and we shouldn't take anything for granted... most of all each other.

IS THERE ANYTHING ELSE YOU WOULD LIKE TO ADD?

Yes! My undying appreciation and gratitude to all the fine men and women of the 154th Wing - for what they offer our Nation, State, and each other through their selfless service.



Brigadier General
GREGORY S. WOODROW
Commander
154th Wing

292 CBCS

Change of Command

▶ Maj. Jesse B. Park USAF ANG accepts the guide-on from Col. Duke Ota, Mission Support Group commander, during his change of command ceremony in Kahului, Maui on Dec. 4, 2016. Maj. Park became the commander of the 292 CBCS.





**Major
JESSE B. PARK**

Commander
292nd Combat
Communications
Squadron

**HOW DOES IT FEEL BEING IN YOUR FIRST
COMMAND?**

A couple of feelings regarding my first command: one, excitement...and two, to be honest, a bit of apprehension. It's an awesome responsibility and I'm truly humbled to be given this opportunity.

**WHAT ARE YOUR GOALS AS THE NEW
COMMANDER OF THE 292ND?**

To continue the proud tradition of excellence of the 292nd and hopefully, leave the organization better than it is today.

Maj Jesse B. Park, USAF ANG, new commander of the 292 CBCS in Kahului, Maui, takes some time out to help serve food to unit members and their families at the December holiday party.



SENTRY ALOHA

HIANG to conduct first Sentry Aloha exercise of 2017

01/07/2017 - JOINT BASE PEARL HARBOR-HICKAM, Hawaii -- The Hawaii Air National Guard (HIANG) will be conducting its first large-scale “Sentry Aloha” fighter exercise of 2017 beginning Thursday, Jan. 19. Oahu residents, particularly along Oahu’s Southern Coast may see an increase in military aircraft as they approach Honolulu International Airport for landing.

Sentry Aloha is an ongoing series of exercises, hosted by the Hawaii Air National Guard’s 154th Wing and involves multiple types of aircraft and services. Sentry Aloha provides tailored, cost effective and realistic combat training for Air National Guard, U.S. Air Force and other Department of Defense services to provide U.S. warfighters with the skill sets necessary to perform their homeland defense and overseas combat missions.

Visiting units will include tanker support from Utah and Tennessee, F-16 Falcons from Minnesota, and F-18 Hornets from California and for the first time an E-3 Sentry (AWACS) from Oklahoma will be folded into the scenarios. The visiting aircraft will be taking part in simulated combat exercises in and around the air space of Hawaii with F-22 Raptors flown by the HIANG’s 199th Fighter Squadron and active duty 19th Fighter Squadron.

Sentry Aloha exercises have been conducted by the HIANG, about four times per year, for several decades. This Sentry Aloha iteration will involve more than 1000 personnel and more than 50 aircraft from eight other states and territories. The exercise will run through the end of the month, with units returning to their home stations in early February.



Article by

**Senior Airman
ORLANDO CORPUZ**

154 Wing Public Affairs
Staff Writer



◀ **A U.S. Air Force F-15 Strike Eagle from the 142nd Fighter Wing, Oregon Air National Guard, prepares to receive fuel during an in-air refueling from a KC-135R Stratotanker from the 96th Air Refueling Squadron, during the Hawaii Air National Guard's exercise Sentry Aloha over Hawaii, March. 5, 2015.**

(U.S. Air Force photo by Tech. Sgt. Aaron Oelrich/Released)

The Hawaii Air National Guard F-22 Raptors taxi through the tarmac on Joint Base Pearl Harbor-Hickam, Sept. 26, 2015. The Hawaiian Raptors are flown by pilots from the HIANG's 199th Fighter Squadron and the active duty's 19th Fighter Squadron. Maintenance and other support personnel are from the HIANG's 154th Wing and the active duty's 15th Wing. The Hawaiian Raptors are deploying to the CENTCOM area of responsibility. This is the first combat deployment for the 199th Fighter Squadron since it deployed to Saudi Arabia in 2000 to patrol the southern no-fly zone of Iraq.(U.S. Air National Guard photo by Airman 1st Class Robert Cabuco/released)





Work Safely
**Your family is waiting
for you at home**

LOOK FAMILIAR?

Hawaii Air National Guard campus, circa 1964.
Courtesy photo provided by
Master Sgt. William Tapper
154th Wing Historian



ISLAND SENTINELS

Citizen Airmen guard Hawaiian skies

Republished from Airman Magazine

12/19/2016 - In a land steeped in mythology and legend, lies a mountain whose peak touches the clouds.

Mount Ka'ala, Oahu, the majestic remnant of an eroded shield volcano, is said to be home to the Hawaiian goddess Kaiona, "protector of those in need."

Atop the Wai'anae Range, the highest point on the island — Ka'ala — is also home to a modern protector keeping watch over the people; a radar station that monitors the airspace around Hawaii, operated by Hawaii Air National Guard's 169th Air Defense Squadron based at Wheeler Army Airfield.

Their mission: Detect, monitor, identify, intercept, and if necessary destroy airborne objects that may pose a threat to the Hawaiian Air Defense Region (HADR).

The mission's origin are a direct result of hard lessons learned on Dec. 7, 1941.

That morning, an SC-270 mobile radar site was deployed at Opana Point on the north shore of Oahu. U.S. Army Pvts. Joseph L. Lockard and George Elliot, who were manning the Opana Point site, detected a large signal at 7:02 am that was 72 miles away and approaching Oahu. It was one of the biggest signals they had ever seen.

Compared to today's radar systems, the SC-270 was quite primitive. Operators determined the relative size and range of a contact by the amplitude of a signal displayed on an oscilloscope and had to lean out the window to see which way the antennae was pointing to estimate a bearing.

The men reported the signal to the information

center at Fort Shafter in Honolulu, but most of the staff had left to eat breakfast. The only people on duty were a telephone switchboard operator and a fighter squadron liaison officer, Lt. Kermit Tyler, who had been in the information center only once before on the previous Wednesday, according to Pacific Air Forces historian Charles Nicholls.

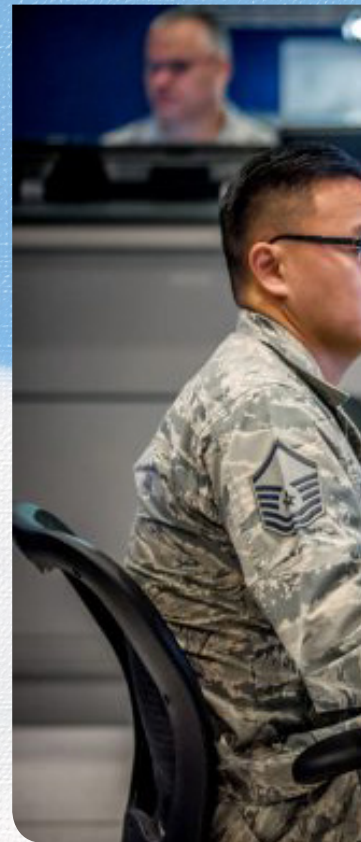
When Elliot and Lockard reported the contact to the inexperienced Tyler, they failed to mention the size or direction of the signal. Tyler, assuming that their contact was a scheduled flight of six Army B-17 bombers due in from California, told the privates not to be concerned. For practice, the two operators continued plotting the incoming signal until 7:40 a.m.

Tyler was correct that there were B-17s on their way to Hickam Field adjacent to Pearl Harbor, but they were approaching from the east.

The signal to the north was, in fact, a wave of more than 180 Japanese fighters, torpedo-bombers, dive-bombers, and high-altitude bombers. Just before 8 a.m., the planes began a devastating surprise attack on Pearl Harbor that would cripple the U.S. Pacific Fleet and hurl the U.S. into World War II.

According to Nicholls, even if the early radar reports were complete had been heeded, the lack of preparedness on the ground would have led to largely the same result. Personnel were on weekend leave, unarmed planes were parked on the flightline wingtip to wingtip and there were no alert fighters ready to intercept an incoming threat.

The painful lessons learned that day are the



Article by
**Tech. Sgt.
BRANDON SHAPIRO**
Airman Magazine



▲ **Master Sgt. Michael Cho, left, and Staff Sgt. Bronson Tactay, air surveillance technicians assigned to the 169th Air Defense Squadron, Hawaii Air National Guard, monitor the movement of all aircraft in the airspace surrounding the Hawaiian Islands at Wheeler Army Airfield, Wahiawa, Oahu, Hawaii, Aug 11, 2016. (Photo by J.M. Eddins Jr.)**

foundation of the 169th ADS's mission: effective air defense must integrate around-the-clock airspace surveillance and threat detection with the ability to track and immediately intercept potential threats. If any ingredient is missing, the entire mission is compromised.

“In the air domain of homeland defense, things happen very, very quickly and can originate anywhere on the globe,” said Lt. Col. Christopher Jarratt, commander of the 169th ADS. “For that reason, we must be on alert 24/7, because we don’t know what is going to happen over the next five or 10 minutes.”

Given the speed and range of modern-day aircraft, early detection is more important than ever. To accomplish that goal, Jarratt has 22 operations and maintenance personnel at three locations across the Hawaiian Islands providing air defense—like the Airmen that sit atop Ka’ala.

Their mission is not the typical day-to-day shift work. For the six personnel assigned to Ka’ala Air Base, which is perched atop a narrow ridge surrounded by an ancient rain forest, doing their jobs means living at the radar site for 24 hours at a time, sometimes for multiple days, to ensure that there is never another attack like that on Dec. 7, 1941.

“Because of the time it takes for us to travel all the way up the mountain and because of the constantly changing weather, it would be nearly impossible for us to work normal hours,” said Airman 1st Class Kevin Plunkett, a radio frequency transmissions systems technician with the 169th ADS. “Sometimes the weather is so bad and the road conditions are so treacherous that the crew sitting watch atop the mountain must be ready to pull back to back shifts.

“Even when that happens we are prepared, and honestly, who wouldn’t want to stay a little longer to



Carved by a narrow pathway leading to its summit, Mt. Ka'ala on the Hawaiian Island of Oahu hosts a radar station that is used to monitor the airspace around Hawaii. The Station is operated by the Hawaii Air National Guard's 169th Air Defense Squadron based at Wheeler Army Airfield. (Photo by Tech. Sgt. Brandon Shapiro)

help defend the nation at one of the most beautiful places on the planet?"

The six technicians nestled high above Oahu are the first line of defense when it comes to the sovereignty of the HADR; they remain vigilant and prepared to maintain the millions of dollars of radar and transmission equipment atop Ka'ala. If not for these mountain-dwelling Airmen, Jarratt's team that monitors the airspace around Hawaii from the operations floor at Wheeler Army Airfield would be staring at blank screens.

Relayed down from remote radar stations across Hawaii, like Ka'ala AB, sensor signatures and flight information are collated and displayed in the 169th ADS command and control center at Wheeler. Rows of monitors display the incoming data, which is scrutinized by operators representing more than six specialties. In the background, there is a constant chirp of ground radio communication between 169th ADS Airmen and telephone communication with civilian partners like the Federal Aviation Administration, U.S. Customs and Border Patrol and state law enforcement.

The cooperation between military and civilian assets provides a complete picture of the airspace surrounding the Hawaiian Islands each and every second of every day.

When the 169th ADS spots a potential threat, such as an unidentifiable or unresponsive aircraft, F-22 Raptors of the Hawaii ANG's 199th Fighter Squadron, on alert at Joint Base Pearl Harbor-Hickam, are just a phone call away.

"If there is an aircraft that is unidentifiable, then we initiate a scramble of F-22s and then control

the fighters to intercept it," said Jarratt. "We pull up along side them, figure out who they are, and find out what they are doing."

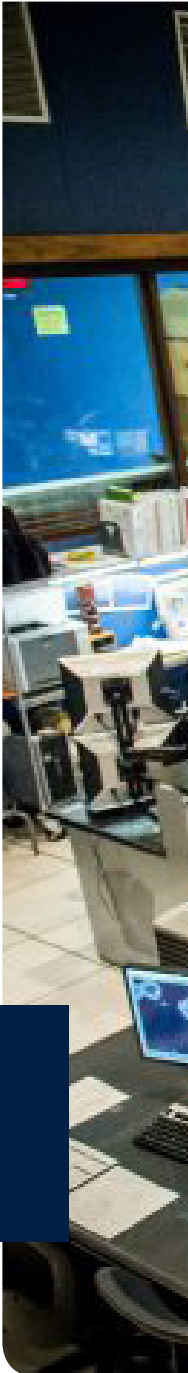
This type of aggressive air interdiction has not always been the norm for the 169th ADS. In response to the 9/11 attacks, the entire exercise, training, and operational procedures program changed significantly, much like what happened in the days following the Japanese attack on Oahu.

"IT WAS A TOTAL CHANGE IN MINDSET, FROM LOOKING OUTWARD TO LOOKING EVERYWHERE (FOR THREATS),"
-- LT. COL. CHRISTOPHER JARRATT

According to Jarratt, there was an immediate upgrade of technology and equipment used to monitor the airspace for threats after 9/11. The previous mission, which focused on tracking foreign nation military aircraft, was now expanded to monitor the movements of civilian aircraft as well.

"It was a total change in mindset, from looking outward to looking everywhere (for threats)," Jarratt said.

The Hawaii ANG squadron's mission was conducted in conjunction with U.S. Air Force until the early 1990's when the Air Force squadron stood down. Since then, it has been the citizen Airmen of the 169th ADS in cooperation with civilian





agencies, which has been keeping watch over the Hawaiian Islands.

“All guardsmen are on a full-time status, so we have the ability to work with the state and the active-duty Air Force and we do it for a very long period of time,” Jarratt said. “We don’t PCS every couple of years, so we have people here in the unit that have 30 or 40 years of experience ... that is absolutely key to our relationships with the other agencies and conducting the mission in a seamless manner.”

▲
Capt. Kalani Guillermo, center, an air battle manager assigned to the 169th Air Defense Squadron (ADS), Hawaii Air National Guard, oversees the monitoring of the airspace around the Hawaiian Islands at Wheeler Army Airfield, Wahiawa, Oahu, Hawaii, Aug 11, 2016. The ADS performs two interconnected missions: the full-time monitoring and identifying of all aircraft approaching Hawaii to preclude hostile attack from the air and the direct controlling of intercepting aircraft launched to investigate unidentified and potentially hostile aircraft.

(Photo by J.M. Eddins Jr.)

FAMILY TIES

Serving Alongside Family Members


Quite often since I began serving in the Hawaii Air Guard, I'd have a conversation with someone and one of us will happen to mention another guard member's name, and the conversation will lead to someone saying "Oh sure, I know their brother/sister, they're in the air guard too!" Or someone will ask "Do you know their spouse, father or nephew?" And soon, we're discussing the numerous air guard members who have relatives in the HIANG.

This is a new series I've been excited to begin since joining the 154th Wing Public Affairs team in April 2016. The series is titled "Family Ties" and it has one simple goal; to share stories of the dozens of air guard members who are serving, or have served alongside their family members. The Hawaii Air National Guard has been and continues to be a place that appeals to "Family Ties".


DID YOU KNOW?

Family ties begin through blood relationships, marriage, or friendships. So, what makes families strong? Researchers have worked hard to answer this question and agree that strong, healthy families have nine traits in common (Krysan, Moore, & Zill, 1990). With qualities, similar to Air Force Core Values, these traits have been found in families of different types, races, social backgrounds, nationalities, and religious beliefs.


THE NINE TRAITS ARE:

 Caring and Appreciation

 Time Together


 Encouragement


 Commitment

 Communication

 Cope with Change

 Spirituality

 Community and Family Ties

 Clear Roles

We know there are many of other guard members out there with HIANG family ties, and we would like to meet you too. Keep in mind, it's a lot easier for you to find us, than for us to find you. If you are in the Hawaii Air Guard and you'd like to share your stories, please contact our office at 154WG.PA@us.af.mil.

Article by
**Tech. Sgt.
ALISON BRUCE-
MALDONADO**

154 Wing Public Affairs
Staff Writer

MEET THE SOUZA OHANA



Front : Master Sgt. Melika Souza, 201 COS, Senior Airman Hi'ilani Souza, 154 MXS
Back: Senior Airman Kaleolani Souza, 169 ADS, Staff Sgt. Kawena Souza, 154 LRS





SOUZA OHANA

Written by **Master Sgt. MELIKA LEIALOHA OKALANI SOUZA**
201st Air Operations, Squadron / Combat Operations Squadron

WHEN AND WHY DID YOU DECIDE TO JOIN THE HAWAII AIR NATIONAL GUARD?

I was raised on the Big Island of Hawai'i. Due to some negative perceptions of the military in the area I lived, I never thought I would have joined. However, the decision on joining the Hawai'i Air National Guard was made there. While attending Pahoa High School, I've created strong relationships with other (Polynesians) classmates who enrolled in the Pahoa High JROTC Program. I was positively influenced by them, in a way that rather than holding on to the negativity, I had the vision on giving back to Hawai'i by serving the Hawaiian people and the generations of Hawai'i before me. It was during my early childhood years growing up on the Big Island of Hawai'i that I recognized, being Hawaiian by blood was an honor and that throughout learning our history and how we came to be, I was discouraged but encouraged at the same time to join. Embracing my Hawaiian upbringing and culture is not a duty but it's my way of life. For those who have learned Hawaiian history, events did not favor the Hawaiian people. However, the HIANG promotes Respect, Culture and Local Support here in Hawai'i. We in the HIANG are fighting for the freedom of Hawai'i, the freedom for the people of Hawai'i, and for us to maintain that equality. It's my way to serve, protect and contribute that positive image to the indigenous and local populace.

HOW HAS SERVING IN THE HIANG AFFECTED YOUR CIVILIAN LIFE, AND SHAPED YOU AS A PERSON?

Serving within the HIANG has definitely given me that exposure. It has taught me how to adapt within the many different cultures and circumstances outside of Hawai'i. Serving within the HIANG has given me that sense of discipline which has allowed me to grow my independence, increasing my knowledge to levels of greater understanding and education while maintaining my identity. I was blessed to have accomplished all I have today, through means of the HIANG. In addition to the

strong sense of ohana and values within the HIANG, I have also received the opportunity to expand on multiple levels of education, through great colleges within and out of the HIANG, as well as attend some of the finest and most challenging technical schools. Due to the HIANG's flexible nature, I was also able to obtain my Master's Degree, an opportunity that was not afforded to my ohana while growing up. Furthermore, I was granted the opportunity to travel and volunteer, give back to various communities in and out of Hawai'i and within many different countries. I even had the pleasure of meeting some of the most influential and exceptional individuals that are in my life today. The HIANG has definitely shaped me throughout my civilian and military career. The sense of gratitude and pride I have towards the continuous support it brings me is immense, and I hope for greater years to come.

YOU HAVE SEVERAL SIBLINGS WHO ALSO SERVE IN THE HIANG. TELL US A LITTLE ABOUT THEM, AND HOW THAT CAME TO BE.

I have three other siblings within the HIANG. I presume that it's safe to say, we all had the same original connotation of the military. Eventually, we were all positively influenced and we all wanted to make that positive change in our lives as well as the lives of others.

WHAT IS THE BEST PART ABOUT HAVING SIBLINGS WHO ALSO SERVE?

I can't precisely say that there is a "best part" about having siblings within the HIANG because I can't single out one particular aspect. Everything about having my siblings serve has been such a great honor to me. Knowing that we share that common ground, experience and understanding is inspirational. Not only that, but I can trust my life and well-being in the hands of my siblings, which ensures me that there is that much more potential, loyalty and integrity held in the quality of individuals who serve within the HIANG.

Written by **Staff Sgt. KAWENA SOUZA**
154th Logistics Readiness Squadron

I was 17 years old when I decided I wanted to join the Air Force. I intended to utilize the benefits I had heard were available in the HIANG, to help me attend college and hopefully get my degree. Being in the HIANG has really affected my life in ways I didn't think about when I was 17. Joining straight out of high school, I had no knowledge of the Air Force or military world at all. All I thought about was how I could get assistance with school and attend my monthly drills. Things did not turn out that way and in my eyes, I feel it turned out better. I could get hands on with my job and luckily, I got hired as a full-time technician and have been working there ever since. This has affected my civilian life drastically because I'm able to build a steady foundation at the age of 25, for me and my son Makaio. I now own my own house and if I want, I can serve my 20 years and retire. I have yet to go to school and take advantage of the educational benefits but they're out there and I intend to go, very soon. I know the HIANG will continue to affect my life in a positive way, and I can say that joining has been one of the best decisions I've ever made.

I have three other sisters in the Air Force. Some of us didn't really want to join the military, at first. In the end, I can say my father had an influence on my decision. He was prior Navy and spoke a lot about future goals. The Military was also in those conversations.

He strongly believed it would open doors, and provide benefits.

The Air Force has benefited my sisters and I in different ways, we have very different AFSC's in the HIANG. My eldest sister Melika is in Intel, my next sister Kaleolani is in security forces, and Hi'ilani my youngest sister, is in F-22 AGE shop. Melika used her educational benefits to get her master's degree and now works full time in the HIANG. Kaleolani used her education benefits and is a paramedic for the city and County of Honolulu. Hi'ilani was a temp hire in her shop and continues working towards her future goals.

Having siblings in the Air Force has been truly amazing. We can all go home and talk about our daily lives, and it's easy to understand what the other is going through, and relate as well. We are lucky enough to see each other during work days which is always fun. Hi'ilani and I get to work with each other sometimes, and that just brightens up my workday even more. My sisters are my best friends. I understand as we get older we grow up, get families and time with each other is limited. Being in the Air Force with my sisters, has given us more time together; so how can I not appreciate that. The military is not for everyone, but for me and my sisters, it is. We enjoy pushing each other, because this gets us further along towards our future goals, and our military careers.



MEET THE FAUROT OHANA



From left: Airman Micah Faurot, 154 WG, Senior Master Sgt. Eric Faurot, 203 ARS, Col. Christopher Faurot, HQ PACAF, and Chief Master Sgt. Warren Faurot, 203 ARS



Written by **Chief Master Sgt WARREN LOPAKA FAUROT**
203rd Air Refueling Squadron, Program Manager

I joined the Hawaii Army Guard as a 12B (Combat Engineer) 227th Engineer Company (Combat), Pearl City, Hawaii in September 1982. I joined because it was an opportunity to serve my community and country.

The Hawaii Guard has allowed me to complete two degree's, Associate in Science Fire Science Honolulu Community College, and Associate in Science, Aircrew Operations Community, College of the Air Force. In my civilian job with the City and County of Honolulu Fire Department, I have been promoted to Fire Captain because of my education and experience. I was able to achieve the rank of Chief Master Sergeant in the 203rd ARS for the same reasons. Serving in the guard has affected me as a person by helping others. The Hawaii Guard has allowed me to participate in many community service projects and disaster assistance, as well as service to my country. I was activated for both Hurricane Iniki on Kauai and after 9/11 Noble Eagle on Oahu, as well as Enduring Freedom, Iraqi Freedom, Freedom Sentinel, Deliberate Force and others. On Kauai as a member of the engineer company, we cleared roads, schools and public service areas. The Hawaii Air Guard afforded me the opportunity to support combat operations for many US and NATO operations around the world. Serving was instilled in me before even joining the Hawaii Guard because of my parents. My mother was a school teacher and my father served in the Army Infantry in Korea and as a Marine in Vietnam. My father retired from the Marines, went back to school and achieved his Master's Degree in Elementary Education, and was a school teacher at Fern Elementary. The Hawaii Guard allowed me to follow in my parents footsteps of serving our community and country. Serving in the Hawaii Guard is an awesome way to honor my parents, and give back to this great country that we live in. I have two brothers and a brother in law in the Hawaii Air Guard. My two brothers are Col. Christopher "Frenchy" Faurot and Senior

Master Sgt. Eric "Shrek" Faurot and my brother in law is Lt. Col. Damon "Oscar" Pescaia. Frenchy graduated from the Merchant Marine Academy, was selected by the 199th Fighter Squadron as an F-15 pilot and is currently the RG for the PACAF Commander. Oscar graduated from the Air Force Academy, flies the KC 135, and is currently the DOG Commander for the 154th OPS GP. Shrek is currently the SNCO at the 203rd ARS. I was in the Army Guard and was just a little tired of going to Pohakuloa Training Area, Oscar was flying the 135 and said that there was an enlisted position on the jet, boom operator. I didn't know anything about the career field so I went to the state library, did some research, and applied. I want to say mahalo nui to retired Chief Master Sergeant Steve Cid for hiring me! I talked to Shrek about the career field, he applied, and was hired. I have one nephew in the guard and a niece that is considering joining as well. The best part about having family in the guard? The guard is family. We might not be related by blood or marriage or anything, but everyone in the guard is family. I have seen it time after time, guard members helping each other out. We might not be in the same shop, squadron or anything, but you have this togetherness that is there. "I ku mau mau", stand together, Hawaiians would say to accomplish a task. Our ancestors said this and it is so true in the guard today. We have members all over the world, and when other service members see "I ku mau mau" at work, it is contagious, they are affected as well and cannot help but to join in.

I love the Guard. I had been a member of the Army Guard for 12 years and was invited to their Christmas party this year, I was flattered by their invitation and had a really good time seeing my Army brothers. The Air Guard has been even better to me. A new and exciting career field for me, serving all over the world, new brothers and sisters, just plain awesome. I have 34 years in the Hawaii Guard and it has been a wonderful ride!





FAUROT OHANA

Written by **Col. CHRISTOPHER K. FAUROT**
HQ PACAF, Director ANG Forces

As a kid I always dreamed of one day being a pilot. After graduating from Damien High School, I chose to attend the U.S. Merchant Marine Academy with the sole purpose of flying for the Navy after graduation. Fortunately for me I met Lt. Col. Mike “Rainbow” Chow during Christmas break of my senior year and that changed everything. Rainbow was an F-15 pilot and a Captain at Aloha Airlines who sold me on flying for the HIANG instead of joining the Navy. I applied for my first UPT board in July 1989 and was selected as an alternate. I came back the following year and was blessed with a primary selection and the rest is history.

I believe being a member of the Guard has helped me be a better part of our local community. Our core values of Integrity, Service, and Excellence guide my actions, not only at work, but also at home. It’s a lifestyle that the Guard has instilled in me that transcends the normal definition of a 9 to 5 job. It drives me to give my best efforts to supporting my family and my community. From coaching and volunteering at church to helping various non-profits, my family and I try to be active and engaged in everything we do. I have the Guard to thank for giving me that passion and sense of purpose.

My brothers Warren and Eric are boom

operators that fly with the 203rd, and my son Micah is in the Avionics shop with the F-22. My brother-in-law, LtCol Damon Pescaia, is the Deputy OG and also flies with the 203rd. While I was the first amongst us to join the HIANG, I can’t take credit for the others as they all “saw the light” on their own accord and joined up for their own reasons.

Being able to serve alongside family members can be a blessing and a curse! It’s a blessing in terms of always having someone to turn to that you can trust for support and advice and hold you accountable for your actions. It’s a curse because sometimes when we’re away from work all we do is talk shop! So we have to make a conscious effort to enjoy the purpose behind family gatherings and not segue into talking about work.

I’ll be honest and say that I never really gave the family aspect much thought as it just seemed “normal” to serve in the HIANG with your family members. Families like the Johnsons, Partikas, Haradas, Souzas, Ossermans, Kimuras, Quizons, Komines, Changs, Morris, etc.. are just a few of the multi-generational examples that are part of our HIANG ohana and it’s a blessing to be a part of that group!

Written by **Airman MICAH K. B. FAUROT**
154 WGG/APO, Avionics Technician

I enlisted in July of 2015 because of my father. Now that may seem like a bad thing but, I'll explain why it isn't. My father is a fighter pilot, so every day after school I would wait at home for my dad to come home with stories of his adventures through the sky. Soaring in the air at amazing speeds and doing things people could only imagine, it was awesome. Naturally, these stories inspired me to become a fighter pilot like my father and so when I asked him the best route to go to become a pilot he said to join the guard. There I can get a feel for things military, fix the plane I hope to fly, and earn money to help complete school. After that, it was only a matter of waiting until I graduated high school then it was off to the guard. When I left for BMT, it was the beginning of an adventure and the start of a dream come true.

Serving in the HIANG has changed my outlook on military life. Even though my Dad was in the HIANG, I never got to experience it for myself until now. Already, in my short time serving, I have made lifelong friends and experienced new places. The HIANG has taught me unique skills, complicated avionics, and to always be aware of your surroundings. I learned never to be content with being average or doing just enough. That I should always

strive to do more and put in 110%. These lessons have translated well into civilian life by showing my current employer that I am always pushing to do more, always asking for more so that I can become a better employee.

My family is very big. Lots of family members all across the island and all of us have a strong love for each other and the islands upon which we live. The majority of my family "serve" in one way or another, whether it's through the HIANG or the Honolulu Fire Department. I believe that this is because we all share need to protect others and ensure that our families and everyone else are safe. We want to serve our nation and protect our islands, whether that's being deployed or providing aid and support in times of need. This is what I like the most about the guard; that we serve the community of Hawaii. If there's ever a natural disaster or a state emergency, the HIANG is there to help provide relief and support to all.

The best part of having family members who also serve is that I have someone to turn to if I ever have questions, or if I'm struggling at work. Being able to do that, is a luxury I do not take for granted. I am lucky enough to have a father who has years of experience and whose footsteps I hope to follow.





TRACKING STATION

Workshops/Classes

Defense Travel System (DTS) Training
POC 154WG154CPTFalo@us.af.mil

PTL and Be-well classes
POC 15mdg.hparcfitness@us.af.mil

Announcements

154th MDG M-50 and respirator fit testing

The 154th Medical Group now offers respirator and M-50 gas mask fit testing during the week, by appointment only.

Fit testing will be conducted at 154 MDG, Bldg3417, and to schedule an appointment, email Mr. John Bolton at john.bolton.6.ctr@us.af.mil or call 448-8226 ext 444-6425.

For RSD weekend appointments, contact TSgt Wesley Barlow or SrA Ericka Ronduen at 448-8226 option 9.

NEED OFFICAL AF PORTRAITS?

HING Headquarters can help. Second Friday of the month beginning January 2017. First offering on January 13, 2017 from 0900 - 1300.

To sign up: <http://dod.hawaii.gov/pao/official-portrait-sign-up/>

POPE'S PUNS



JANUARY PROMOTIONS



Chief Master Sergeant

Anthony Colon
154 SFS

Master Sergeant

Larissa Lerma
291 CBCS

David Peralta
291 CBCS

Wayne Drowns
201 IS



Technical Sergeant

Donovan Ballo
291 CBCS

Scott North
201 IS

Cory Okimura
204 AS

Ryan Kido
204 AS



Staff Sergeant

AJ DeJesus
154 FSS

Andrew Wong
291 CBCS

Shayna Shon
154 OG

Jason Yumen
169 ADS

Randy Ferriman
201 IS

DIVERSITY TRAINING

A Key To Mission Readiness

Too often when we focus on increasing Mission Readiness we put all of our efforts into developing technical proficiencies and skill sets, repairing and maintaining equipment and airplanes, and completing processing line requirements for deployment. Although doing these things are really important for Mission Readiness, we tend to forget to include ourselves as part of that process. If we think about it, the mission can't take care of itself. It is we, the humans, the airmen that accomplish the mission with our proficiencies, skill sets, operating equipment and airplanes, etc. With this in mind, it is important for us to take a 360 degree perspective on this if we plan to be successful in the long run concerning Mission Readiness. The human resource is the most important and integral part of this process.

Increasing human proficiency has the greatest influence on increasing Mission Readiness because when we can develop, coach, mentor, and surround our Airmen with success it will have a direct and positive impact on human performance. Optimizing human performance is no secret to success and is the common formula for any successful individual, entity, organization, or team. Many Fortune 500 companies are investing money into optimizing human performance and are experiencing more success than focusing only on the bottom line. They have learned that an optimized human will always produce optimal results.

So how does Diversity Training increase Mission Readiness? To answer that we must take a look at the Mission of the Comprehensive Airman Fitness (CAF) Program, which is to build and sustain a thriving and resilient Air Force Community that fosters mental, physical, social and spiritual fitness. Studies consistently show that increasing fitness

levels directly improves human performance. Diversity training is directly related to improving our "Social Fitness" profile.

The Social Domain according to the CAF website is our ability to engage in healthy social networks that promote overall well-being and optimal performance. The website also lists the tenets of the Social domain which are communication, connectedness, social support, and teamwork. In order for us to engage in healthy social networks we have to understand a couple of things: 1) Who we are and how we impact people around us- also known as self-awareness and 2) People are different and different can be good.

In a nutshell, Diversity training teaches us to understand self-awareness, accepting and managing differences, adaptive leadership, barriers to human relations like the unconscious bias, and the 4 human temperments. All these topics and more in Diversity training is aimed at strengthening the building blocks of our Social Fitness. Diversity training is a must if we plan to have a complete CAF package in Airmen and ourselves. When our package is incomplete Mission Readiness will be incomplete. Like any fitness program, practice or repetitions makes perfect. We need to get our rep's in.



Article by
**Senior Master Sgt
 MONTE HOKOANA**
 154th Wing
 Human Resource Advisor

**CALL YOUR NEAREST HRA FOR
 DIVERSITY TRAINING. IN OUR
 LINE-OF-BUSINESS, WE CAN'T
 AFFORD TO BE #2!**

2017 169TH ADS No-TAP BOWLING TOURNAMENT

WHEN: SATURDAY, 14 JANUARY 2017

LOCATION: HICKAM AFB BOWLING ALLEY

TIME: CHECK-IN STARTS AT 1700, BOWLING STARTS AT 1800

COST: \$20.00 PER BOWLER (INCLUDES BOWLING FEE'S FOR 3 GAMES)

ONE DOOR PRIZE RAFFLE TICKET PER BOWLER AND YOU CAN BUY EXTRA

DOOR PRIZES AND 50/50 RAFFLES

PAYMENT: PLEASE MAKE CHECKS PAYABLE TO – LISA DOOM

MAIL ENTRY AND PAYMENT TO: 169 ADS

C/O MSGT LISA DOOM
360 MAMALA BAY DRIVE
JBPHH, HAWAII 96853-5517

DEADLINE: ENTRY FORMS MUST BE RECEIVED BY 8 JANUARY 2017

DOC: MSGT LISA DOOM @ 655-7211 / E-MAIL LISA.DOOM.1@US.AF.MIL

DOC: TSGT RENA SUMIBCAY @ 655-7211 / E-MAIL RENA.SUMIBCAY@US.AF.MIL

ENTRY FORM

BASE PASS REQUIRED

TEAM NAME

BOWLER #1 (TEAM CAPTAIN)

CONTACT PHONE#

YES

NO

BOWLER #2

YES

NO

BOWLER #3

YES

NO

BOWLER #4

YES

NO